

THE HEID

CONTINENTAL QUICK START

DAILY 7 - 10 AM // \$15

FRESH WHOLE FRUIT

GRANOLA & CEREAL

CHOICE OF PASTRY

ILLY INTENSO COFFEE

DAMMANN FRÈRES TEA

ORANGE JUICE ♣ MILK

MADE TO ORDER

CHIA PUDDING OR OVERNIGHT OATS 6
WITH FRUIT, GRANOLA & COCONUT SHREDS

GREEK YOGURT, GRANOLA, BERRIES & HONEY 6

SPANISH EGG TART W/ TOAST 10
ONE EGG, MOZZARELLA, GARLIC AIOLI & CHIVES

CROISSANT SANDWICH 12
EGGS, CHEDDAR CHEESE & BACON

TWO EGGS, SAUSAGE OR BACON, POTATOES & TOAST 14

BREAKFAST BURRITO 14
EGGS, POTATOES, CHEDDAR CHEESE, SAUSAGE & SALSA VERDE

CHILAQUILES VERDE W/ EGGS 14

OMELETTE W/ POTATOES & TOAST 14
CHOICE OF: HAM, MUSHROOMS, ONIONS, CHEDDAR CHEESE

AVO TOAST ON SOURDOUGH W/ ARUGULA & BALSAMIC 12
+FRIED EGG \$3

BUTTERMILK PANCAKES 12

SIDES:

MUFFIN | CROISSANT | TOAST 4

CHOICE OF: BREAKFAST POTATOES | SEASONAL FRUIT 6

TWO EGGS | BACON **or** SAUSAGE

REALM SMOOTHIE 10

(NO SUGAR ADDED, NO SOY, DAIRY FREE, NON-GMO)

BANANA BERRY | BLUE PINEAPPLE | TROPICAL GREENS

BEVERAGES

TEA 4 ♣ ESPRESSO 4 ♣ AMERICANO 5

CAPPUCCINO 5 ♣ LATTE 6

ORANGE JUICE 3 ♣ MILK 3

MIMOSA 10