

THE HEID

EST 2019



MORNING SELECTS

FEATURING CAT & CLOUD COFFEE FROM SANTA CRUZ
AND DAMMANN FRÈRES TEA

GOOD STARTS

OVERNIGHT OATS WITH MIXED FRUIT,
NUTS & COCONUT SHREDS

CHIA PUDDING WITH BERRIES & NUTS
GRANOLA & YOGURT

FRESH WHOLE FRUIT

FIREBRAND BREAD & PASTRIES

ORGANIC CAGE FREE HARD BOILED EGGS

FRESH SLICED TOMATOES WITH BALSAMIC VINEGAR

—UPON REQUEST—

CROISSANT SANDWICHES WITH EGGS,
BRIE & PROSCIUTTO

SPINACH & MUSHROOM FRITTATA

AVOCADO TOAST +\$8

LOX SALMON TOAST WITH CREAM CHEESE +\$9

MEATS & CHEESES

MANCHEGO CHEESE, MOZZARELLA & BRIE
PROSCIUTTO & SALAMI

BEVERAGES

CAT & CLOUD COFFEE FROM SANTA CRUZ

DAMMANN FRÈRES TEA

ORANGE JUICE

OAT MILK

DAILY 7-10 AM • THE HEID • \$19 ADULTS/\$14 CHILDREN

RISE & SHINE